US Navy COVID-19 Prevention Framework

OUR MISSION

Protect the health of our force - Sailors, Civilians, and Contractors - and their families
Minimize spread of the virus
Maintain warfighting readiness
Preserve Force Generation Capability to meet global mission sets

**** This guidance is broadly applicable to deployable units and key enabling commands. It does not restrict Fleet, Type, or Operational Commanders from expanding, or when appropriate waiving, the measures below to address their units' specific circumstance while meeting our overall mission. ****

HPCON	Off-Duty Sailor and Families	Inport Manning	Pre-Underway Periods	Underway Periods
A	• Inform Chain of Command (CoC) and medical provider of any ill symptoms – stay home • Inventory home medical supplies • Consider obtaining extra medical prescriptions (Px) • Inventory cleaning supplies • Inventory basic essentials (food, hygiene, etc.) • Consider alternative childcare / education plans • Review/Verify command communication tools • Review resiliency support services (mental health, Family Support Center) points of contact (POC's) • Update wills • Review personal budget and any debt issues	• Consider reduced duty section personnel manning • Optimal # of duty sections • Minimize travel • Consider screening personnel prior to boarding • Review and validate Sailor and family contact information • Review COVID awareness and resiliency support messaging • Review command social media & communication enablers • Encourage responsible use of social media • Inventory PPE (gloves, masks, hand sanitizer, Ultra-Violet Test (UVT) kits, etc.)	• Routine cleaning and disinfection • Stay informed by BUMED/CDC/State, Local, Tribal, and Territorial (SLTT) guidelines • Consider screening personnel prior to boarding • Inventory PPE (gloves, masks, hand sanitizer, Ultra-Violet Test (UVT) kits, etc.)	• Routine cleaning and disinfection • Stay informed by BUMED/CDC/State, Local, Tribal, and Territorial (SLTT) guidelines • Consider screening personnel prior to boarding/arriving • Inventory PPE (gloves, masks, hand sanitizer, Ultra-Violet Test (UVT) kits, etc.)
B	• Inform CoC and medical provider of any ill symptoms – stay home • Ensure telework capability • Deep clean & maintain cleanliness of residence/cars	• Minimal duty section personnel manning • Commence increasing number of duty sections • Implement COVID awareness messaging • Validate Ombudsman assigned, active and effective	• Begin detailed planning for moving crews aboard for 14 days prior to underway. • Implement COVID awareness messaging • Practice physical distancing • Restrict large gatherings	• Minimize port visits • Practice physical distancing • Implement COVID awareness messaging • Restrict large gatherings • Restrict unnecessary movement

	• Procure basic essentials, home medical, cleaning supplies, extra Rx • Notify CoC of any financial and/or personal hardships and concerns • Discuss family interactions and physical distancing • Be prepared to implement alternative childcare/in-home education plans • Stay informed by BUMED/CDC/State, Local, Tribal, and Territorial (SLTT) guidelines • Actively participate in command family support town halls • Develop personal physical training (PT) plans without base/commercial gyms • Ensure responsible use of social media	• Practice physical distancing • Restrict large gatherings • Comply with medical orders for self-isolation or quarantine • Commence tele-work and virtual training • Avoid unnecessary travel • Consider PPE use for watchstanders/galley • Coordinate plans with host installation PPE use for base support services such as Quarantine and Isolation (Q&I) quarters, childcare, and security watchstanders/galley • Encourage use of resiliency support centers (mental health, Family Support Center) • Ensure responsible use of social media	• Consider virtual town hall with families • Avoid unnecessary travel • Restrict unnecessary access • Comply with medical orders for self-isolation or quarantine • Encourage use of onboard resiliency support services (Chaplain, SMR/Corpsman, etc.) • Enhanced cleaning and disinfection • Consider PPE use for watchstanders/galley • Coordinate plans with host installation for base support services as required for pre-underway isolation • Assess visitors risk and/or consider ROM • Ensure responsible use of social media	• Establish routine virtual events to maintain family/crew awareness • Comply with medical orders for self-isolation or quarantine • Enhanced cleaning and disinfection • PPE use for watchstanders/galley • For ships operating in/out of same port, minimize short underways, maximizing at sea through consolidation of events • Liaison with host installation for family support and Return-to-Homeport (RTHP) requirements • Consider ROM for visitors (non-ship's force) • Ensure responsible use of social media
C	• Inform CoC and medical provider of any ill symptoms – stay home • Notify CoC of any financial and/or personal hardships and concerns • Travel to/from place of residence/work, and stops for essential business only • Practice physical distancing • Stay informed by BUMED/CDC/State, Local, Tribal, and Territorial (SLTT) guidelines, especially shelter-in-place requirements • Avoid large gatherings	• Minimum duty section personnel • Maximum # of duty sections • Physical distancing to max extent • No large gatherings • Personal leave restricted to local area (no air travel) • Consider evacuating high-risk personnel • Provide daily updates to families • Encourage use of resiliency support centers (mental health, Family Support Center) • Restrict drills to minimum; implement aggressive cleaning	• Consider moving crews aboard for 14 days prior to underway for deployment/major training events • Physical distancing to max extent • No large gatherings • Consider evacuating high-risk personnel • Conduct routine virtual town halls with families • Encourage use of onboard resiliency support services (Chaplain, SMR/Corpsman, etc.) • Restrict drills to minimum; implement aggressive cleaning measures to ensure all PPE, equipment, and drill area fully sanitized before securing drill	• Consider limiting port calls unless required for critical emergent repairs or mission requirements • Minimum of 14 days underway from port to port (excluding homeport to homeport). • Physical distancing to max extent • No large gatherings • Consider evacuating high-risk personnel • Update family support team daily • Encourage use of onboard resiliency support services (Chaplain, SMR/Corpsman, etc.)

	• Deep clean & maintain cleanliness of residence/cars • Conduct periodic PT and stress management activities • Actively participate in command family support town halls • Ensure responsible use of social media	measures to ensure all PPE, drill equipment, and drill area fully sanitized before securing from drill • Comply with medical orders for self-isolation or quarantine • Maximize tele-work and virtual training • Mission essential travel only • More frequent enhanced cleaning and disinfection • Medical screening prior to access • PPE use for all watchstanders/galley; adjust meal service options (no open service meals) • Consider PPE use for all • Coordinate with host installation for base support services such as Q&I quarters, childcare, meal delivery and security • Ensure responsible use of social media	• Mission essential travel only • No unnecessary access • Comply with medical orders for self-isolation or quarantine • More frequent enhanced cleaning and disinfection • Medical screening prior to access • PPE use for all watchstanders/galley; consider adjusting meal service options • Consider PPE use for entire crew • Coordinate with host installation for base support and pier services as required to enforce pre-underway isolation • Require PPE or ROM for all visitors • Ensure responsible use of social media	• Conduct routine virtual events to maintain family/crew awareness • Restrict drills to minimum; implement aggressive cleaning measures to ensure all PPE, drill equipment, and drill area fully sanitized before securing drill. • All those not on watch directed to remain clear via aggressive prevention measures • Restrict movement • More frequent enhanced cleaning and disinfection • PPE use for all watchstanders and supply personnel • Consider PPE use for all crew • Isolate special duty personnel and equipment (i.e. aircraft) • Require ROM or PPE for all visitors • Maintain liaison with host installation for family support and RTHP requirements • Require ROM or PPE for all visitors • Minimize ashore contact for special duty personnel and equipment (i.e. aircraft)
D	• Inform CoC and medical provider of any ill symptoms – stay home • Notify CoC of any financial and/or personal hardships and concerns • Travel to/from place of residence/work, and stops for essential business only • Practice physical distancing	• Crews quarantine 14 days prior to underway • Maximize Physical Distancing • No large gatherings • Evacuate high-risk personnel • Provide daily updates to family support team • Encourage use of resiliency support centers (mental health, Family Support Center) • Essential drills only	• Crews aboard for 14 days prior to underway • Maximize Physical Distancing • No large gatherings • Evacuate high-risk personnel • No training drills • Conduct routine virtual family town halls • Encourage use of onboard resiliency support services (Chaplain, SMR/Corpsman, etc.)	• No port calls unless required for critical emergent repairs or mission requirements • Maximize resupply/repair at sea • Maximize Physical Distancing • No large gatherings • Update family support team daily • Conduct routine virtual events to maintain family/crew awareness

	• Stay informed by BUMED/CDC/State, Local, Tribal, and Territorial (SLTT) guidelines, especially shelter-in-place requirements • Avoid large gatherings • Conduct daily PT and stress management activities • Actively participate in command family support town halls	• Execute meal service options • Mission Critical travel only • Restrict access • Maximum medical screening prior to access • Maximum cleaning and disinfection • PPE use for all • Coordinate with host installation for base support services such as Q&I quarters, family support, childcare, meal delivery and security • Official visitors only • Maximize virtual training and distance training	• Execute meal service options • Mission Critical travel only • Restrict access • Maximum medical screening prior to access • Maximum cleaning and disinfection • PPE use for all • Coordinate with host installation for base support and pier services as required to enforce pre-underway isolation • Official visitors only • Maximize virtual training and virtual troubleshooting • Clean all inbound food/supplies using personnel in full PPE	• Restrict unnecessary movement • No training drills • Execute battle messing plan/meal service options • Encourage use of onboard resiliency support services (Chaplain, SMR/Corpsman, etc.) • Maximum cleaning & disinfection • PPE use for all • Isolate special duty personnel and equipment (i.e. aircraft) • Active liaison with host installation • Official visitors only • Maximize distance troubleshooting support • Clean all inbound food/supplies using personnel in full PPE • Evacuate high-risk personnel